Ayurveda, one of the most ancient and well documented systems of medicine, is highly relevant in modern times, taking into account its holistic approach towards the healthy as well as the diseased individuals. The national Ayurveda day was observed on 13th November 2020 by Ayurveda college Coimbatore on the online platform powered by Diksha E Learning.

The function commenced with an invocation followed by observation of one minute silence for the late Padmashree Krishnakumar Ji who was an integral part of our institution and has dedicated his whole life for the growth and promotion of Ayurveda.
The welcome address was rendered by Dr Sudhir Raj N, Principal Ayurveda College Coimbatore.

Presidential Adress was delivered by Dr K Senthil Ganesh, Managing trustee RVS Group of institutions, Coimbatore, addressing Ayurveda as the greatest gift from the land of India, and its ever growing attraction amidst large population in different countries around the world.

The inaugural address was given by Dr. Vanitha Muralikumar, Former president CCIM, Ministry of Ayush, Govt of India, insisting on the need of dissemination of ancient wisdom with a scientific research perspective at a global platform.

Felicitation was given by Dr N V Sreevathsa MS (Ayu), Former Principal Ayurveda College Coimbatore, throwing light on the importance of gaining mastery over the subject and excecuting it to meet the vision of Ayurveda, swasthasya swasthya lakshanam and athurasya vikara prashamanam.

It was followed by the address from Guest of Honour, Dr. Ramkumar, Director & Trustee Arya Vaidy Pharmacy Coimatore, who spoke about the vision of Krishnakumar Ji on Mainstreaming of authentic Ayurveda for global healthcare.

The inaugural function was concluded by Vote of thanks from Dr. S N Suresh, HOD and professor, department of Prasoothi Tantra and Stree Roga, Ayurveda college Coimbatore.

The Ayurveda Day Celebration was then followed by the most awaited session on Post Covid Management through Ayurveda by Dr. S Gopakumar sir, Associate professor Dept of Roga Nidana , Govt Ayurveda Medical College, Trivandrum, Kerala.

The Ayurveda Day celebration 2020 came to an end with Shanti mantra invoking peace for oneself ,his immediate family and the world at large.